PLAN CONTACT INFORMATION

MEDICAL AND PRESCRIPTION
BlueCross BlueShield of Oklahoma
888.780.7875
bcbsok.com



DENTAL

Delta Dental of Oklahoma 800.522.0188 deltadentalok.org



VISION

Vision Service Plan (VSP) 800.877.7195 vsp.com



TELEMEDICINE

MDLive 888.970.4081 MDLIVE.com/bcbsok



EMPLOYEE ASSISTANCE PROGRAM

Magellan 24/7 Support—800.424.4105 Member.MagellanHealthcare.com



LIFE/AD&D INSURANCE AND LONG-TERM DISABILITY

MetLife 800.438.6388 mybenefits.metlife.com



FLEXIBLE SPENDING ACCOUNTS AND HEALTH SAVINGS ACCOUNTS

WEX 866.451.3399

benefitslogin.wexhealth.com



RETIREMENT

Vanguard 800.523.1188 vanguard.com

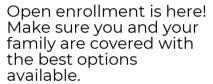


222 N. Detroit Ave. Tulsa, OK 74120





WELCOME TO OPEN ENROLLMENT 2025!





Password: HPBenefits

OPEN ENROLLMENT PERIOD: OCT. 21 TO NOV. 13

RESOURCES AND SUPPORT

Join us for informative sessions on:

- Oct. 9 at 10 a.m. CDT
- Oct. 10 at 2 p.m. CDT
- Oct. 16 at 10 a.m. CDT
- Oct. 17 at 2 p.m. CDT

Register for an open enrollment webinar and view all benefits information online.

H&P Benefits Website

HelmerichPayne.com/USBenefits Password: **HPBenefits**

Password. **HPBellelits**

Questions/Enrollment/Changes to Benefits

Call: 918.588.2247

Email: HR.Support@hpinc.com



ACTIONS NEEDED

1. Select Your 2025 Contribution Amount for the Flexible Spending Account (FSA): Your current FSA contribution will not roll over and must be reselected for the new year.

2. Review and Update Your Beneficiary Assignments:

- **a. Life/AD&D Insurance:** Update during your enrollment through Workday.
- **b. 401(k):** Visit vanguard.com to edit your beneficiary assignments.
- **c. Health Savings Account (HSA):** Visit benefitslogin.wexhealth.com to edit your beneficiary assignments.
- **3. Verify and Update Your Personal Information:** Ensure we have your correct address, phone number, email and emergency contact details within Workday. This step must be completed separately under "Personal Information."



WHAT'S CHANGING IN 2025?

- BCBS/Prime Therapeutics replaces CVS Caremark for prescription drug benefits.
- New annual limits for the FSA and HSA.
- Required increases to annual deductibles for the HDHP medical plan.
- Slight increases in medical and dental premiums only.
- New Medical and Rx IDs: All members will receive new medical ID cards. Use these starting Jan. 1, 2025.
- New Medical Plan Network:
 Members within the state of
 Oklahoma will use the Blue
 Preferred Network. All other
 states will continue to use the
 Blue Choice Network.
- UpWise Benefits Decision
 Tool: A new tool to help you
 make informed benefit
 choices is available for free to
 you and your family
 members.

DRILL DOWN TO YOUR BENEFITS