

# PLAN CONTACT INFORMATION

## MEDICAL AND PRESCRIPTION

BlueCross BlueShield of Oklahoma  
888.780.7875  
bcbsok.com



## DENTAL

Delta Dental of Oklahoma  
800.522.0188  
deltadentalok.org



## VISION

Vision Service Plan (VSP)  
800.877.7195  
vsp.com



## TELEMEDICINE

MDLive  
888.970.4081  
MDLIVE.com/bcbsok



## EMPLOYEE ASSISTANCE PROGRAM

Magellan  
24/7 Support—800.424.4105  
Member.MagellanHealthcare.com



## LIFE/AD&D INSURANCE AND LONG-TERM DISABILITY

MetLife  
800.438.6388  
mybenefits.metlife.com



## FLEXIBLE SPENDING ACCOUNTS AND HEALTH SAVINGS ACCOUNTS

WEX  
866.451.3399  
benefitslogin.wexhealth.com



## RETIREMENT

Vanguard  
800.523.1188  
vanguard.com



222 N. Detroit Ave.  
Tulsa, OK 74120



# WELCOME TO OPEN ENROLLMENT 2025!



Open enrollment is here!  
Make sure you and your  
family are covered with  
the best options  
available.



Password: HPBenefits

**OPEN ENROLLMENT PERIOD:**  
**OCT. 21 TO NOV. 13**

# RESOURCES AND SUPPORT

Join us for informative sessions on:

- Oct. 9 at 10 a.m. CDT
- Oct. 10 at 2 p.m. CDT
- Oct. 16 at 10 a.m. CDT
- Oct. 17 at 2 p.m. CDT

Register for an open enrollment webinar and view all benefits information online.

## H&P Benefits Website

HelmerichPayne.com/USBenefits  
Password: **HPBenefits**

## Questions/Enrollment/Changes to Benefits

Call: 918.588.2247

Email: HR.Support@hpinc.com

# ACTIONS NEEDED

**1. Select Your 2025 Contribution Amount for the Flexible Spending Account (FSA):** Your current FSA contribution will not roll over and must be reselected for the new year.

## 2. Review and Update Your Beneficiary Assignments:

**a. Life/AD&D Insurance:** Update during your enrollment through Workday.

**b. 401(k):** Visit [vanguard.com](http://vanguard.com) to edit your beneficiary assignments.

**c. Health Savings Account (HSA):** Visit [benefitslogin.wexhealth.com](http://benefitslogin.wexhealth.com) to edit your beneficiary assignments.

**3. Verify and Update Your Personal Information:** Ensure we have your correct address, phone number, email and emergency contact details within Workday. This step must be completed separately under “Personal Information.”



# WHAT'S CHANGING IN 2025?

- BCBS/Prime Therapeutics replaces CVS Caremark for prescription drug benefits.
- New annual limits for the FSA and HSA.
- Required increases to annual deductibles for the HDHP medical plan.
- Slight increases in medical and dental premiums only.
- **New Medical and Rx IDs:** All members will receive new medical ID cards. Use these starting Jan. 1, 2025.
- **New Medical Plan Network:** Members within the state of Oklahoma will use the Blue Preferred Network. All other states will continue to use the Blue Choice Network.
- **UpWise Benefits Decision Tool:** A new tool to help you make informed benefit choices is available for free to you and your family members.

**DRILL DOWN TO YOUR BENEFITS**