

**NOTICE OF RIGHT TO DESIGNATE PRIMARY CARE PROVIDER AND OF NO OBLIGATION
FOR PRE-AUTHORIZATION FOR OB/GYN CARE**

INSTRUCTIONS FOR

Helmerich & Payne Management, LLC Employee Health Care Plan generally allows the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact the plan administrator at 918-588-2247.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from Helmerich & Payne Management, LLC Employee Health Care Plan or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact the Helmerich & Payne Management, LLC Employee Health Care Plan at:

Human Resources
918-588-2247